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Dr Nessar Ahmed is a Reader in Clinical Biochemistry, Department of Life Sciences, Manchester Metropolitan University, UK. He is Adjunct Professor at the Panjwani Centre for Molecular Medicine and Drug Research, University of Karachi, Pakistan. He is Honorary Member of Centre for Natural Products Discovery, Liverpool John Moores University, UK.

Dr Ahmed received his postdoctoral training at the New York Medical College, USA and University of Birmingham, UK. He is Fellow of the Institute of Biomedical Science, Fellow of the Royal College of Pathologists and holds membership of the Biochemical Society, Association for Clinical Biochemistry, Diabetes UK, Diabetes and Obesity Research Network and the International Maillard Reaction Society, USA.

He received the British Muslim Award 2014 for Services to Science & Engineering and was a top-cited author for the journal Diabetes Research and Clinical Practice in 2013. In 2010, Dr Ahmed received the MMU Teaching Award for Best Supervisor by MMU Student's Union.

His research interests include protein glycation in diabetic complications, identification of nutraceuticals (garlic, soya, bitter melon, pomegranate, plum extract,

and green tea) with antiglycation, antioxidant and antiangiogenic properties. He has supervised six postdoctoral fellows and 30 PhD students. His research has attracted over a million pounds of external grant income from various charities, industry, and national and international organizations.

He is the author of over 100 publications, and this includes ten best-selling textbooks used worldwide on biomedical science programmes. These include Biology of Disease published by Taylor and Francis, Clinical Biochemistry and Biomedical Science Practice both published by Oxford University Press and Blood Science: Principles and Pathology published by Wiley-Blackwell.

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